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Grampound Road Guardian

Monthly news and views from the village

Issue 99 **AUGUST 2020**



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AUGUST QUIZ ... ANSWERS IN BACK

1. Which is the only European mainland country that shares a time zone with the United Kingdom and Ireland?
2. Who was the first wife of Henry VIII?
3. In which country was the Uzi machine gun invented?
4. In the "Wizard of Oz", what was the scarecrow searching for?
5. Who was the Commander-in Chief of the Allied Forces on D-Day?
6. In the UK standard version of Monopoly, how much money does each player start the game with?
7. In which country would you find South America's highest mountain, Aconcagua ?
8. In the children's song, which bell says "You owe me five farthings"?
9. Which is the largest joint in the human body?
10. In ballet what is the name given to a 360 degree turn on one foot?
11. What is the capital city of the gulf state of Qatar?
12. Who starred as Danny Ocean in the 2001 movie, "Ocean's Eleven"?
13. Who wrote the 1970 book "The Female Eunuch"?
14. As at 2019, who is the only rower to have won the BBC Sports Personality of the Year?
15. In 1963 Valentina Tereshkova. became the first woman to...?

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Grampound Road Village Church

Coronavirus

It is with regret that in order to comply with the restrictions imposed because of the Coronavirus we have been advised to cease holding Services or Events at Grampound Road Village Church until further notice.

Our prayers and best wishes are with you all at this unprecedented time.

Services at
Truro Methodist Church

can be joined on YOU-TUBE at

- 9:22 Youtube channel is:
<https://www.youtube.com/channel/UCzhifEL-I5qoEaEAKdH4XDq>
- 11am Sunday Praise is:
<https://www.youtube.com/channel/UC2XL8XC12GnrsFtWUJlbdww>
- Both these web addresses can be found at:

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FUN RUN WITH A DIFFERENCE THIS YEAR FOR LOCAL CHARITY

With COVID-19 causing the cancellation of large participation events, this year's Merlin Fun Run will be held virtually with participants getting to choose their favourite location.

For the past five years the National Trust's stunning Trellisick Gardens near Falmouth, has played host to the event but as this is not possible this year the charity decided to still go ahead, but with a difference.

Participants are being encouraged to choose their own 1.5k or 3k route by walking, running, cycling, hopping, jumping, or dancing, and raise funds for the Merlin MS Centre.

Event organiser Tamsin Chapman said: "Keeping active during Lockdown has been really important for people's well-being so we want to encourage as many as people to take part. They can make it more fun by creating their own family bubble but must ensure they stay safe by keeping to COVID-19 Government guidelines.

"While we are disappointed that we cannot use the stunning location of Trellisick Gardens Parkland but there is fantastic scenery all over Cornwall – whether it be a coastal path, woodland walk, or river trail people simply need to get in their running shoes and register to participate," she added.

Entry to the event is free but participants are asked to raise money to support the charity – anyone who raises £10 or above will receive a medal; £50 raised receives a bag and buff. The top two fundraisers and the best fancy dress will receive some great prizes.

To book your place please visit

<https://www.eventbrite.co.uk/e/merlin-virtual-fun-run-2020-registration-107800195286> or for further information please email tamsin@merlinmscentre.org.uk or find us on Facebook.

The Merlin MS Centre is an independent Cornish charity located in mid-Cornwall. Merlin MS Centre is the only purpose built facility in Cornwall that provides a comprehensive range of subsidised and affordable therapies for those whose lives are affected by Multiple Sclerosis (MS). The services the charity provides are also available to those with other neurological conditions such as Parkinson's, Stroke, ME, Chronic Fatigue Syndrome (CFS).

Currently the Merlin MS Centre is offering its services online and continues to support people living with long term conditions and their families. The Centre has continued to provide an important service through daily contact, remote exercise programmes, advocacy and signposting to other support services.

Many of the service users have complex health needs and have struggled without the Centre being open. The charity is planning a phased reopening from Monday (July 6). To ensure the safety of service users it is trying to raise funds to cover additional costs of opening and adhering to social distancing rules. This includes purchasing Personal Protective Equipment (PPE) for therapy staff; providing sanitisers and wipes; paying for additional cleaning; putting up signage and funding the costs of staff who are currently furloughed.

To donate to the charity please call 01726 885530 or donations can be given by BACS to the

Merlin MS Centre sort-code 40-16-06 account number 41408046

LADOCK PARISH COUNCIL

COUNCILLORS' CONTACT DETAILS

Mr Robert Hartley, Chairman	01726 883339	mobhartley@aol.com
Mr Chris Dodwell, Vice Chairman	01726 883261	chrisdodwell@btinternet.com
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Mr Chris Jones	01726 884127	jones-farm@btconnect.com
Mr Steve Robinson		penleesteve@gmail.com
Mr Rob Thomas	01726 885022	robthomas905@btinternet.com
Miss Kathryn Lutey, Parish Clerk	01726 884408	klutey@btinternet.com

Cornwall Cllr Mr M Eathorne-Gibbons 01872 275007
meathornegibbons@cornwall.gov.uk

Finance Committee – Cllrs Hartley, Dodwell, Jones & Thomas
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Under the current COVID 19 restrictions it is no longer a requirement for parish council notices to be placed in the notice board, but instead all notices can be found on the parish council website - www.ladock-pc.uk.

If you are a local group, club or society that normally appears in the magazine or holds regular events such as markets please get in touch with me so we can keep people updated via the magazine as to what will be reopening and when as we go forward through the summer.

**Please contact me on 07884 333 952 or
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